



Adult Tennis Clinic Schedule

Time		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Morning	8:00 AM						Cardio Tennis		
	8:30 AM								
	9:00 AM	Women's 3.0 Clinic	Women's 2.5 Clinic	Women's 4.0 Clinic	Women's 3.5 & Women's 4.5 Clinic				
	9:30 AM								
	10:00 AM								
	10:30 AM						USA 123	Mixed 4.0 Clinic	
	11:00 AM								
	11:30 AM								
Evening	7:30 PM	Mixed 3.0 - 3.5 Clinic	Ball Machine Workout		Mixed 4.0 - 4.5 Clinic	Mixed 2.5 -3.0 Clinic			
	8:00 PM								
	8:30 PM								
	9:00 PM	Express Cardio Class		Express Cardio Class					
	9:30 PM								

Clinic: \$25
 Cardio Tennis: \$10
 Ball Machine Workout: \$25
 Express Cardio : \$10
 *USA 123: \$85 for 6 classes
 * No guest fee applied

Non member additional \$10 Guest Fee to all classes

You must reserve your spot, contact the front desk at (801) 487-3206