



Summer Diving Lessons

Price:

Member: \$40.00
Non-member: \$55.00
**Holiday: \$32/\$44*

1 week sessions
(5 classes, Mon - Fri)

Sessions:

- 1: June 10 – June 14
- 2: June 17 – June 21
- 3: June 24 – June 28
- 4: July 1 – July 5 *
- 5: July 8 – July 12
- 6: July 15 – July 19
- 7: July 22 - July 26 *
- 8: July 29 - August 2
- 9: August 5 – August 9
** Holiday Week*

Beginner

Time:

11:00 am - 11:30 am

Ages: 6-17 | Class size: 8

- *Introduction to springboard diving
- *Basic body position will be stressed while learning fundamental dives
- *No experience necessary

Advanced Beginner

Time:

11:30 am - 12:00 pm

Ages: 6-17 | Class size: 8

- *Designed to hone diving fundamentals and introduce the diver to somersaults, twisting, reverse, and inward dives.
- * Can execute two of the following dives: front,back,reverse,inward, or twist

Please note: All cancellations must be at least TWO weeks prior to each session to receive a full refund. Cancellations made on or after the first day of each session will not be refunded. Cancellations must be made by notifying the swim lesson director AND the front desk. Classes must be paid in full **before** spot is reserved for child. Make-ups will only happen if classes are cancelled due to weather. Make-ups will take place Saturday morning. Times will be announced during the session if Saturday make-up classes will be happening.

Member Registraion: April 19, 2019

Non-member Registration: May 3, 2019

Childs Name _____ Age _____ M ___ F ___

Parents Name _____ Phone _____

Email _____

Class Name _____ *(Please check session above)*

I recognize the risk of injury in any exercise program and my child is participating upon the agreement and understanding that I am hereby waiving and releasing the above clubs from any and all claims, costs, liabilities, and injuries while on the premises. Salt Lake Tennis & Health Club has my permission to use photos of my child in promotional and educational literature.

Parent Signature _____ Date: _____