

Childs Name: _____ Age: _____ Munchkins or Camp Champions _____ Today's Date: _____

Primary Parent: _____ Primary Ph: _____ Primary Email: _____

Emergency Contact: _____ Phone _____ Relationship _____ Are you a member of SLTHC? _____

Camp: Morning Afternoon All Day Days Attending M T W T H F

Week Attending: 1 2 3 4 5 6 7 8 9 10 11 Allergies? _____ Special needs? _____

I understand that I am hereby waiving and releasing Salt Lake Tennis and Health Club and employees from any and all claims, costs, liabilities and injuries while on the premises. Salt Lake Tennis and Health Club has my permission to use photos of my child in promotional and educational literature.

Parent/Guardian: _____ Date: _____

Credit card type: _____ Credit Card #: _____ CW Code: _____ Expires: _____

Make new friends and have FUN!

Sessions 2022

Week 1: June 6-10
 Week 2: June 13-17
 Week 3: June 20-24
 Week 4: June 27-July 1
 *Week 5: July 5-8
 Week 6: July 11-15
 Week 7: July 18-22
 *Week 8: July 26-29
 Week 9: Aug 1-5
 Week 10: Aug 8-12
 Week 11: Aug 15-19
 *Week sessions reduced holiday rates

*Extended Care \$20/hr 7 am - 8:45 am and/or 3:15 pm - 6 pm

Camp ratio: 6 - 1

Swimming ratios:

3 - 1 Non Swimmers-will be on platform, stairs and splash pad
 4 - 1 Beginner-will be on stairs & splash pad
 5 - 1 Intermediate-anywhere in pool
 6 - 1 Advanced-anywhere in pool

All camps taught by PE teachers.
 Camp Director: **Jackie Parker**
 JackieparkerSlthc@gmail.com

Cancellation/change policy

\$25 for each change. Refunds given if 2 weeks notice is received. If less than 2 weeks a refund is not guaranteed.

2471 South 1700 East
 Salt Lake City, UT 84106

(801) 487-3206
 frontdeskatslt@gmail.com

www.saltlaketennisandhealth.com

Daily Interactive Health Lessons

Salt Lake Sports Camps

2022

Summer Camps
 For Fun and Sports
 Ages 5 - 12



**Salt Lake
 Tennis &
 Health Club**

Space is limited, reserve your spot today!
Member Registration begins 2/14/22
 Non Member Registration begins 4/15/22



Morning Camp

Monday – Friday, 9:00 am – 11:40 am

Price:

\$45. per day

\$190. Per week

\$6 Non member fee per day or \$20. a week

Come to our fun and energetic sports camp that gets kids up and moving. Your child will learn a new sport every week. Each class will start with a fun warm up game for the weekly sport, continued with daily progression and skill development for that sport. This is followed by a healthy snack provided by the club. A nutrition lesson will be taught during snack time, then fun cardio games to get a full body workout. The camp will end with a group tennis lesson taught by certified pros and staff members.

Week 1: Basketball Week 6: Softball/Baseball

Week 2: Volleyball Week 7: Basketball

Week 3: Floor Hockey Week 8: Volleyball

Week 4: Soccer Week 9: Soccer

Week 5: Kickball Week 10: Flag Football

Week 11: Softball/Baseball

***Please send children with a water bottle, tennis racket, wearing athletic clothes and tennis shoes.*

Convenient drop off/and pick up zone
so you never have to leave your car!

Afternoon Camp

Monday-Friday 11:30 - 3:00 pm

Price: \$55 per day or \$240. per week

\$6. per day non member fee or \$20 a week

Afternoon camp is run similar to our morning camp, adding some fun in the sun at our pool! Camp starts with learning the sport of the week, continuing with lunch, core training (through fun and games). Then changing into swim attire for some summer sun. We will apply spray sunscreen then, pool time! It consists of basic swimming skills and fun organized water games. We have a picnic snack, reapply sunscreen and finish camp with free swim time. *Counselors are in the water with the children. Lifeguards on duty.

Week 1: Kickball Week 6: Volleyball

Week 2: Floor Hockey Week 7: Kickball

Week 3: Basketball Week 8: Flag Football

Week 4: Volleyball Week 9: Basketball

Week 5: Soccer Week 10: Softball/Baseball

Week 11: Soccer

***Please send children with a water bottle, wearing athletic clothes and tennis shoes. Bring a bag packed with a swimsuit, towel, (flip flops for the shower), goggles and dry socks to wear home to prevent blisters..*



Lunch and AM/PM snacks provided



Day Camp

Monday – Friday, 9:00 am – 3:00 pm

Price: \$75. per day or \$310. per week

\$6. non member fee per day or \$20 a week

Day camp is a combination of our morning and afternoon camps. Campers will attend both camps and will be provided with lunch and a hands on nutrition lesson. Camp starts with learning the morning camp sport of the week with cardio games, and a 1 hour group tennis lesson. Then they will join the afternoon camp to learn their sport of the week, continuing with lunch and core games. Campers will then have time to change into swim attire for some summer sun at the pool. Pool time will consist of basic swimming skills and fun organized water games. We will have a snack, picnic style! Reapply sunscreen and finish camp with free swim time. *Counselors are in the water with the children. Lifeguards on duty.

***Please send children with a water bottle, wearing athletic clothes and tennis shoes. Bring a bag packed with a swimsuit, towel, flip flops (for the shower), goggles and dry socks to wear home to prevent blisters..*

Learn a new sport each week!