

Salt Lake Tennis & Health Club

Swimming & Diving

2026 Schedule

5/4-5/26	New Swimmer Skill Assessments
5/11/26	Pre-season practice begins
5/25/26	Memorial Day–no practices
6/6/26	TIME TRIALS #1
6/8/26	Tennis Club @ Cottonwood Country Club (CW)
6/15/26	Tennis Club @ Hidden Valley Country Club (HV)
6/19/26	Team Breakfast 8:00am
6/22/26	Pepperwood (PW)@ Tennis Club
6/27/26	TIME TRIALS #2
6/29/26	Salt Lake Country Club (SLCC) @ Tennis Club
7/8/26	Tennis Club @ Northcrest (NC) (no dive meet)
7/11/26	TIME TRIALS #3
7/13/26	Willowcreek (WC) @ Tennis Club
7/24/26	Holiday–no practices
7/27/26	Dive Conference @ U of U Natatorium
7/28-29/26	Swim Conference @ U of U Natatorium

